

North Hancock Elementary School Lunch & Breakfast Menu

Effective January 3, 2022

2021 - 2022 School Year

LUNCH - Week 1										
Monday	WG Chicken Nuggets w/Roll	Tuesday	"Taco Tuesday" Tacos	Wednesday	Hamburger OR Chicken Patty- WG Bun	Thursday	Chili or Chicken Noodle Soup	Friday	Pizza	Serving Dates:
	Mashed Potatoes		Refried Beans		French Fries		Grilled Cheesy Bread		Fresh Side Salad & Salad Dressing	January 3-7, 18-21, 31
	Broccoli & Cheese		Salsa		Baked Beans		Fresh Veggies		Steamed Corn	February 1-4, 14-18, 28
	Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	March 1-4, 14-18, 28-31
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice	April 1, 18-22
									May 2-6, 16-20	

LUNCH - Week 2										
Monday	Crispy Chicken Leg w/WG Roll	Tuesday	"Taco Tuesday" Tacos	Wednesday	Spaghetti & Meat Sauce	Thursday	"Breakfast for Lunch" Scrambled Eggs, Sausage & Gravy	Friday	Pizza	Serving Dates:
	Green Beans		Black Beans		Fresh Side Salad		Biscuit / Hashbrowns		Fresh Side Salad & Salad Dressing	January 10-14, 24-28
	Mashed Potatoes		Salsa		Steamed Carrots		Fruit		Steamed Corn	February 7-11, 22-25
	Fresh Fruit		Fresh Fruit		Garlic Bread		Fruit		Fresh Fruit	March 7-11, 21-25
	Milk Choice		Milk Choice		Fresh Fruit		Milk Choice		Milk Choice	April 11-15, 25-29
									May 9-13, 23-25	

Entree' Salads and Grab-N-Go Meals (PB&J Bag) Offered Daily-As Available.

ALL MENUS SUBJECT TO AVAILABILITY.

BREAKFAST - WEEKLY									
Monday	Pancakes	Tuesday	Sausage on WG Biscuit, Fruit	Wednesday	WG Muffin	Thursday	Breakfast Pizza	Friday	Donuts
	Applesauce		Juice Choice		Fruit		Fruit		Fruit
	Juice Choice		Juice Choice		Juice Choice		Juice Choice		Juice Choice
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice

Daily Breakfast Choices: WG Cereal or Pop-Tart Variety, and WG Mini Donuts-As Available

This institution is an equal opportunity provider.

OFFER vs SERVE
The Five Meal Components for School Lunch

Choose **at least 3** including:

- ½ Cup of Fruits or Vegetables
- At Least 2 Other Food Groups

For best nutrition, **choose all 5**

HEALTHY

You may put money in your child's meal account for extras by going to your Parent Portal account and using a debit/credit card. Of course, you can also send a check or cash with your child at any time.



OFFER vs SERVE
Food Items for School Breakfast

Choose **at least 3** including:

- ½ Cup of Fruits or Vegetables
- At Least 2 Other Food Items

For best nutrition, **choose all**

SPRINGFIELD Public Schools



For the 2021-22 School Year, each enrolled student will receive 1 FREE breakfast and 1 FREE lunch meal per school day. Any additional meals or extras may be purchased at full price.